

St George Bicycle Users Group Sign On Sheet

Date:
Leader(s):

Ride:
Sweep:

To be signed by parent or legal guardian if participant under age of 18 years

	Name (required)	Address (optional)	Phone number of emergency contact person (required)	On-ride Mobile Phone No. (if carried)	Signature - I have read risk warning and conditions of ride attached and agree (required)	Email address (for ride and SGB info)	First Aid Cert
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							

RISK WARNING:

As a participant in this recreational activity, you may be exposing yourself to a risk of harm. St George Bicycle Users Group, the ride organisers and leaders wish to warn you of the risks and hazards that are an inherent part of cycling, and to take care to prevent putting yourself, your fellow participants and/or others into danger.

Conditions of participation**St George Bicycle Users Group Ride/Event**

Conditions of participation, which you agree to, by giving your signature on the St George Bicycle Users Group "sign on sheet" attached.

- 1 By participating in this ride, you agree to abide by the Australian Road Rules, including wearing an Australian Standards AS/NZS 2063 approved helmet at all times while riding.
- 2 You agree to obey the directions of any of the Ride Officials (Ride Leader, Ride Sweep)
- 3 Carry adequate drinking water, wear/carry clothing appropriate to the prevailing conditions of the day
- 4 Carry adequate items to repair puncture (eg tyre levers, pump, patch kit, spare tube of correct size and a wheel nut spanner or multi-tool if required).
- 5 The bike you are riding is mechanically sound
- 6 You have fitness and skills needed to complete successfully and safely, the distance of ride.
- 7 I have read the above "Risk Warning"

I hereby waive all claims, or cause of action which I may be entitled to have against all officers, personnel, officials, organisers and any person whatsoever involved in the St George Bicycle Users Group bicycle ride/event and other participants who may be liable for any damage in respect of any matter whatsoever arising out of/ or incidental to the bike ride, whether or not such act or omission by such aforesaid St George Bicycle Users Group personnel is negligent or reckless.

I hereby give my consent for qualified First Aid practitioners to provide First Aid and Ride Officials or others to deliver me for treatment at nearest operating and available medical facility, in case I am injured as a result of bike ride activity or event, I am part of or involved with